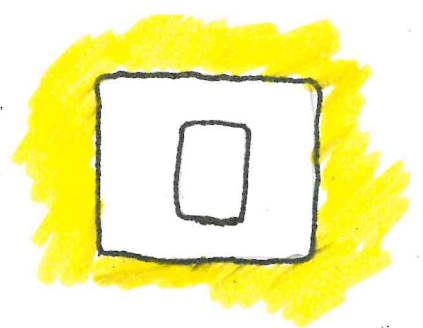




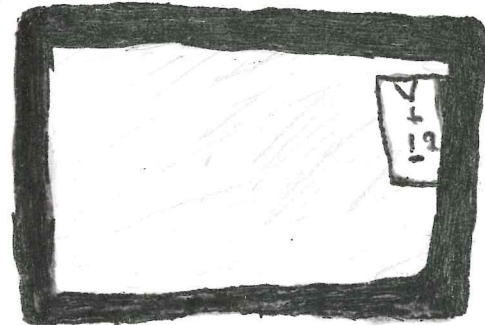
Switch off sockets-toasters, printers and other electrical devices.



Put computers on sleep timers, although turning them off would be even better!



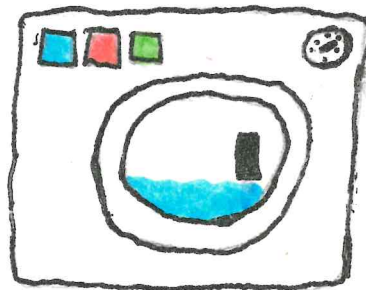
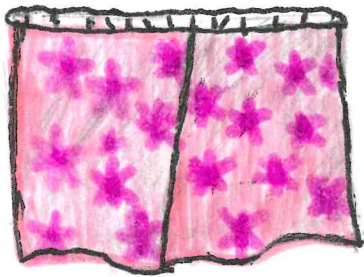
Turn off lights when leaving a room.



Turn down the volume and brightness of screens.

Fill your fridge so it uses less energy to cool items.

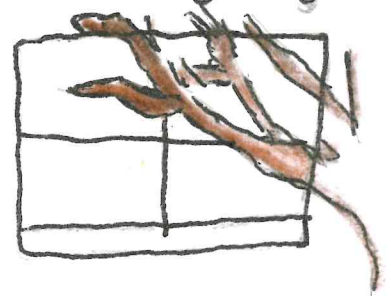
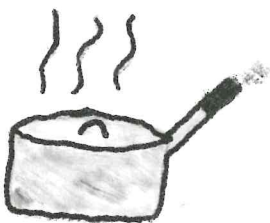
Iron clothes in large batches.



Close curtains or blinds at night to keep warm air in and cold air out.

Wash clothes at a lower temperature

Replace bulbs with energy savers and keep them clear of dust to brighten your home



Boil food with lids on saucepans.

Ensure your house is well insulated.

Ensure windows are clear of branches to ensure natural light and warmth can enter your home



USE ONLY IF YOU HAVE TO!



Clean your tumble dryer filter before you use it.

Use solar powered devices Use a smart meter to track energy usage.